TEEN-FRIENDLY HEALTH CENTERS IN TULSA
All visits to these health centers are confidential for teens. They also provide free or low cost services. These health centers offer many services, including birth control, pregnancy testing, counseling, STI and HIV testing. Call to schedule an appointment and ask for a “family planning” appointment.

1. TULSA HEALTH DEPARTMENT–NORTH REGIONAL
   5635 N. Martin Luther King Jr. Blvd., Tulsa, OK 74126
   918.595.4380
   Teen clinic: Mondays 4pm-6pm

2. TULSA HEALTH DEPARTMENT–CENTRAL REGIONAL
   315 S. Utica Ave., Tulsa, OK 74101
   918.594.4780

3. TULSA HEALTH DEPARTMENT–JAMES O. GOODWIN
   5051 S. 129th E. Ave., Tulsa, OK 74134
   918.595.4529

4. PLANNED PARENTHOOD–MIDTOWN HEALTH CENTER
   1007 S. Peoria Ave., Tulsa, OK 74120
   918.587.1101
   Online scheduling at www.ppheartland.org

5. COMMUNITY HEALTH CONNECTION, EASTSIDE
   9912 E. 21st Street, Tulsa, OK 74129
   918.622.0641
   Teen clinic: Mondays 1:30pm-6pm
   ^Small copay may apply

6. COMMUNITY HEALTH CONNECTION, KENDALL-WHITTIER
   2321 E. 3rd Street, Tulsa, OK 74104
   918.622.0641
   Teen clinic: Fridays 1:30pm-6pm
   ^Small copay may apply

7. MORTON COMPREHENSIVE HEALTH SERVICES
   1334 N. Lansing Ave, Tulsa, OK 74106
   918.587.2171

8. MORTON EAST TULSA FAMILY HEALTH CENTER
   11511 E. 21st Street, Tulsa, OK 74129
   918.295.6185

See our website for resources: www.tulsacampaign.org/rights
Phone: 918.794.9073   E-mail: info@tulsacampaign.org
**AGE OF MINORITY**
- If you are under 18 years old, you are considered a minor. Lawmakers created this for your protection. We want you to be informed because being a minor affects your right to information and services.
- If you are an emancipated minor, pregnant minor, minor legally living apart from parents or guardians, or a minor who is married, you are considered an adult.

**AGE OF CONSENT**
- By law, a person cannot consent or agree to sex until they reach a specific age. This is called the “age of consent”. In Oklahoma you cannot legally consent to sex until you turn 16 years old.
- This law is meant to protect minors from being manipulated or forced into sex with older people.

**CONDOMS**
- You should always wear a condom every time you have sexual intercourse to protect from HIV, STIs and pregnancy.
- You can get condoms for free or at a reduced cost from any health center listed on the back of this brochure.
- Anyone can buy condoms from a pharmacy, grocery store, or online. A pack of twelve condoms costs about $12.

**BIRTH CONTROL**
- In Tulsa there are many types of birth control you can get confidentially if you can’t involve your parent. Check out the list of local health centers on the back.
- Anytime you go to the doctor be sure to ask about their confidentiality rules when making an appointment and ask for a “family planning” appointment.

**EMERGENCY CONTRACEPTION**
- You can buy the emergency contraception at any pharmacy. There is no law restricting teens from accessing emergency contraception, however, some pharmacies have age restrictions. Call pharmacies before going to make sure they don’t have any age restrictions on emergency contraception.

**PREGNANCY TESTING**
- You do not need a prescription from a doctor to get a pregnancy test. You can purchase a pregnancy test from a pharmacy, grocery store, or online. They cost between $1 and $18.
- Many health centers offer free pregnancy tests. Check out the list of local health centers on the back.

**STI AND HIV/AIDS TESTING**
- You don’t need permission from your parent or guardian to get tested for sexually transmitted infections (STIs) and HIV, or to consent to treatment in Oklahoma. However your doctor may (but is not required to) inform your parents/guardian.
- If you are a minor and have a situation where your parents can’t be involved it is very important for you to ask:
  1. Can I get services at your office without my parents’ permission?
  2. Will my parents have access to my records?
  3. Will my parents see the bill?
- It is your right to get sexual and reproductive health care where you feel safe and comfortable, so don’t worry about asking these questions if they are important to you.

**ADDITIONAL RESOURCES**
- Domestic Violence Intervention Services (DVIS) 24 hour crisis line: 918.7HELP.ME
- Health Outreach Prevention Education, Inc. (H.O.P.E.) Testing Clinic 918.749.8378
- 24-Hour National AIDS Hotline at 1.800.CDC.INFO
- National Sexual Assault Hotline 1.800.656.4673 [24/7 hotline]
- National Teen Dating Abuse Helpline 1.866.331.9474 or 1.866.331.8453 (TTY)

**NEED TO GET HEALTH SERVICES? CHECK OUT THE BACK.**