



April 5, 2017 Minutes

Attendees:

Tamara Logsdon	Kris Farnsworth	
Katie Sawicki	Millie Hobgood	
LaBrisa Williams	Annie Skorupa	
Jenny Briggs	Branden Smith	
Owen Cowdery	Benjamin Gennetay	
Kurt Sterling	Nakesha Martin	
Lesa Moore	Gaby Ortega	
Rita Williams	Amy Brice	
Sierra Carter	Heather Duvall	
Kamaria Monmouth	William Lewis	
Rachael Sourjohn	Kimberly Butler	

Start time: 3:34 pm

Called to order by: Heather Duvall

Heather opened the meeting by thanking Owen Cowdery, Annie Skorupa and Community Health Connection for hosting the meeting at the Eastside Location this month.

Welcome & Introduction of Attendees: Heather asked all attendees to introduce themselves and answer the question, "In one word, how are you feeling today?" Answers included tired, chill, exhausted, fantastic, well-rested, focused, awake, cold, accomplished, hungry, scattered, great, stretched, tongue-tied, awesome, worried, excited and resolved.

LARC – A Clinician Perspective, Annie Skorupa:

Annie Skorupa, nurse practitioner with Community Health Connection, introduced herself and shared that she volunteered to do this presentation after attending the Healthy Teen Network Conference in November 2016 with the Oklahoma group. She wanted the opportunity to dispel myths about LARC. She referred to the National Campaign to Prevent Teen and Unplanned Pregnancy's campaign #thxbirthcontrol. Their resources can be found here: <https://thenationalcampaign.org/resource/thanks-birth-control-2016>

Annie defined the acronym LARC (Long Acting Reversible Contraception) as birth control that works for an extended period of time without user action. LARC methods can be removed easily and fertility returns quickly.

There are several different types of LARC methods available to patients of reproductive age, regardless of whether they have had children. There are four IUDs (Intra-Uterine Devices) - Skyla, Liletta, Mirena and ParaGard and one arm implant – Nexplanon. ParaGard is hormone-free, instead using copper to

create a hostile environment for sperm. All other IUDs as well as Nexplanon, contain a low dose of progesterone derivative typically called progestin and no estrogen.

We will send out the slide presentation containing specific information about each method when it becomes available. Annie's motto is: *"The best birth control is the one the patient will use."*

New Business/Announcements

Heather led a discussion about event planning for May, which is the National Month to Prevent Teen and Unplanned Pregnancy. Wednesday, May 3 is the National Day to Prevent Teen and Unplanned Pregnancy. She reminded the group of last year's main event, which was to host an information table at Guthrie Green on the National Day, which coincided with food truck day. Campaign staff and TTPPC members spent time at lunch talking to people and sharing printed business cards with link to the National Campaign's annual survey. Based on feedback during the meeting, Heather agreed to contact Guthrie Green and request that we host the same event again this year. She will contact TTPPC members with the status of that request.

Heather then asked TTPPC member organizations to share any events or promotions they have planned for May:

Rachael Sourjohn with Muscogee Nation Youth Services announced they will have a Tribal proclamation, four different community events on parent child communication and a social media contest promoting the completion of the National Campaign annual survey.

Sierra Carter with Tulsa Health Department PREP announced that they would be doing a social media blast throughout the month on their Facebook page.

LaBrisa Williams announced that the Tulsa Campaign's Youth Leadership Council (YLC) will facilitate the May 8, 2017 Teen Zone at Tulsa Health Department and provide peer education. In addition, the YLC is filming two short youth-planned videos this weekend. The first addresses how adults should have the conversation with their teens and the second address unhealthy relationship conflict and how to resolve it in a healthy way. The videos will be totally teen created including the scripts, acting, filming and editing.

Heather mentioned that the National Campaign has not yet sent out the link to the online annual survey, but when they do, the Tulsa Campaign will send out the link. The survey can be shared widely throughout coalition. It is mainly designed for teens but adults can also complete it.

Announcements:

Heather briefly addressed two community issues related to teen pregnancy prevention and HIV education. The first was a story covered locally by Fox 23 News regarding a student at Langston Hughes Academy who was portrayed in the news story as having participated in a school-sanctioned field trip to a health clinic for birth control. The news story was not accurate. In point of fact, the student participated in Youth Services of Tulsa's PregNot program at Langston Hughes Academy in November 2016. Participation in this program required parent consent. Subsequent to the student completing the SHARP program, the student chose to legally access reproductive health services on their own with the help of a Youth Services of Tulsa health navigator.

In response to the confusion surrounding the facts of this story, the Tulsa Campaign is preparing talking points for Tulsa Public School so they can accurately respond to inquiries from parents.

The second issue relates to an HIV presentation given to high school students at Jenks High School by a professional presenter from Colorado. A student in attendance took offense to the message, which they interpreted as values-laden rather than medically accurate. The student wrote a lengthy post on social media, which was widely shared and picked up by local and national news sources. As a result of this situation, the Tulsa Campaign has reached out to Jenks Public Schools and is working to build a relationship with district administrators, teachers and parents, wherein the district has the opportunity to provide medically-accurate HIV education suitable for school audiences.

Heather concluded that ultimately we should be proud that we have young people in Tulsa advocating for their rights and speaking up when they need to.

Amy Brice with Tulsa Health Department PREP announced that the April 10, 2017 Teen Zone theme is Stress Awareness and that the event is being planned and facilitated by a current college intern from Oklahoma State University-Stillwater. The free event will be from 4 – 6 pm and is for youth age 13-19.

Networking & Prize Winners:

- Prize # 1 – Sierra Carter
- Prize # 2 – Ben Gennetay

Meeting adjourned: 4:35 pm

Next meeting: Wednesday, May 3rd, 2017 at 3:30pm @ Youth Services of Tulsa
<https://goo.gl/maps/QVy82hcUZ6A2>